

POST-MASTER'S CERTIFICATE: NURSE PRACTITIONER (PSYCHIATRIC-MENTAL HEALTH)

Web Site: <https://twu.edu/nursing/certifications/>

A Nurse Practitioner (NP) is an Advanced Practice Registered Nurse (APRN) who holds a master's or doctoral degree in a specific population focus. These include family, adult-gerontology (primary or acute care), neonatal, pediatrics (primary or acute care), women's health, or psychiatric-mental health populations. Texas Woman's University offers programs for family, adult-gerontology (primary and acute care), pediatric (primary care), women's health, and psychiatric-mental health nurse practitioner tracks.

The Psychiatric-Mental Health Nurse Practitioner (PMHNP) is prepared in mental health assessment, treatment, and management of mental health disorders for clients and families of all ages. The PMHNP provides advanced therapeutic modalities such as individual, group, and family psychotherapy as well as prescribing psychotherapeutic medications.