

MASTER OF SCIENCE IN EXERCISE AND SPORTS NUTRITION

Web Site: <https://twu.edu/nutrition-food-sciences/graduate-programs/ms-in-exercise-and-sports-nutrition/>

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the cb-60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Integrate best nutrition practices to optimize exercise performance.
2. Effectively communicate exercise and nutrition principles in written and verbal communications.
3. Interpret scientific literature in the field of exercise and sports nutrition.
4. Lead a team of exercise and sports nutrition professionals.